

THE NATION'S 2,686 YMCAs respond to critical social needs by drawing on our collective strength as of one of the largest not-for-profit community service organizations in the United States.

Today's YMCAs serve **10,000** U.S. communities, uniting **21 million** children and adults of all ages, races, faiths, backgrounds, abilities and income levels. Our reach and impact can be seen in the millions of lives we touch every year. Across the nation, YMCAs are committed to helping:

- » **Children and youth** deepen positive values, their commitment to service and their motivation to learn
- » **Families** build stronger bonds, spend time together and become more engaged with their communities
- » **Individuals** strengthen their spiritual, mental and physical well-being

At every stage of life, YMCAs are there to help children, families and individuals reach their full potential.

» **A CLOSER LOOK**
AT THE YMCA **IN 2008**



» The YMCA Mission in Action



Embracing Our Commitment to . . .

Improve Lives

» America's 2,686 YMCAs are collectively one of the largest not-for-profit community service organizations in the United States.

Children and Youth

» Nearly 10 million children ages 17 and under engage in a wealth of enriching YMCA activities.

Families

» YMCAs help families build bonds, connect with community resources and become strong and self-sufficient.

Health and Well-being

» YMCAs are collectively the nation's largest providers of health and well-being programs.

Communities

» Financial assistance—made possible annually by more than \$1.6 billion in public and private support, as well as YMCA members—opens all YMCA programs to those in need.

Overview

America's **2,686 not-for-profit YMCAs** engage **21 million people** each year, uniting men, women and children of all ages, races, faiths, backgrounds, abilities and income levels. Collectively one of the largest community service organizations in the United States, the YMCA's broad reach and collective impact have been changing lives for nearly 160 years.

In 10,000 communities across the country, **YMCAs meet the nation's most pressing needs:**

nurturing and affordable child care for low- and middle-income children, drug prevention and anti-gang programs for disadvantaged and at-risk youth, support for the families of military service members deployed overseas and programs that promote a healthy spirit, mind and body. Financial assistance—made possible by private and public support, as well as YMCA members—opens all YMCAs to those in need.

A Place for Kids*

CHILDREN AS A PERCENTAGE OF YMCA MEMBERS

46.5%

CHILDREN AS A PERCENTAGE OF THE U.S. POPULATION

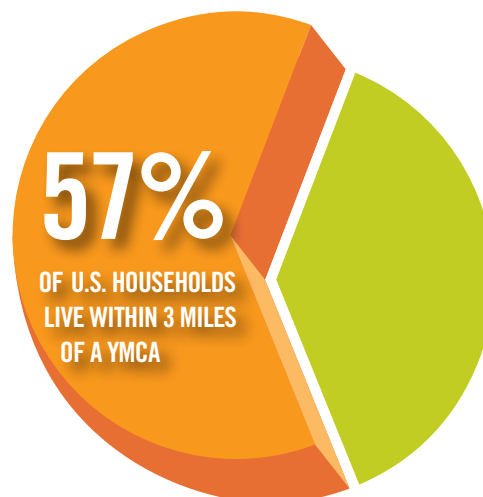
24.7%

*Includes youth ages 17 and under.

TODAY'S YMCAs*

Members	20,916,698
17 and under	9,422,524
18 and over	11,494,174
Men.....	10,426,328
Women.....	10,490,370
Volunteers	548,926
Total revenue	\$5.96 billion
Contributed income.....	\$976 million
Government grants/contracts	\$626 million
Number of YMCAs	2,686

*2007 data compiled in June 2008.



» YMCA Areas of Emphasis



Children and Youth

Every day, YMCAs help children and youth to deepen positive values, their commitment to service and their motivation to learn. Together, YMCAs are the nation's largest provider of child care, with nearly **10,000 child care sites** across the country that provide high-quality, affordable care to more than **500,000 children**. YMCAs offer financial assistance to 20 percent of children in their child care programs.

YMCAs provide a supportive and caring environment to nearly **10 million children** ages 17 and under through a variety of enriching activities, including adult mentoring, camping, youth sports, arts and afterschool programs. YMCAs also provide a range of youth development programming, including academic enrichment programs offered by 898 YMCAs, leadership clubs offered by 644 YMCAs, and Youth and Government programs offered by 571 YMCAs.

YMCAs are there for children in need: 858 have programs for at-risk youth, and 832 support low-income youth with programs that provide a safe environment to develop strong character and confidence.

Family Strengthening

Not-for-profit YMCAs help families build stronger bonds, create time to be together and become more engaged with their communities. **Millions of families participate in YMCA programs:** 720 YMCAs offer family exercise programs, 238 offer family camp, and 672 offer Adventure Guides or similar programs that have been bringing parents and children together since 1926.

Parents can come to the YMCA for support and education when dealing with life changes and family stress. Nearly 300 YMCAs offer parenting skills classes. And hundreds more **connect families with community resources and help them become strong and self-sufficient.**



Health and Well-being for All

Since their founding, YMCAs have offered programs that enable individuals to strengthen their spiritual, mental and physical well-being. Today, YMCAs are collectively the **nation's largest providers of health and well-being programs.**

YMCAs are working to promote healthy living for millions of Americans. Through Activate America® and Pioneering Healthier Communities, YMCAs are redefining themselves and engaging communities across the country to better support Americans of all ages who are struggling to achieve and maintain well-being of spirit, mind and body. Virtually all YMCAs offer exercise and education programs designed to engage people at all levels in fun and healthy activities. And for more than a century **YMCAs have been the nation's swim instructor,** teaching safety and confidence in the water.

YMCAs provide exercise and aquatics programs for the physically challenged and those with medical needs. More than 1,100 YMCAs partner with their community hospital to help Americans prevent and manage disease, **654 offer aquatics classes for children with disabilities,** and 332 offer injury rehabilitation programs.

YMCAs continue to emphasize programs that meet the needs of the spirit and mind. **Arts programming is thriving** with visual arts, music, dance and theater programs active throughout the country. In fact, YMCAs are the leading provider of arts and cultural opportunities in many communities.

» THE NATION'S CHARITY

- » YMCAs have ranked first or second on **The NonProfit Times** "Top 100" list of nonprofit organizations for nine consecutive years.
- » **The American Institute of Philanthropy** has awarded the national YMCA an "A" rating for its program service excellence and low administration costs.
- » YMCAs rank sixth in **The Chronicle of Philanthropy** "Philanthropy 400" report and fourth among social service organizations. YMCAs have ranked among the top 10 organizations on this list since 1997.



The YMCA mission:

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

» Rooted in the Community and Abroad

Volunteers

Volunteer founded and volunteer led, YMCAs depend upon the generosity and dedication of their **548,926 volunteers across the United States** to meet the unique needs of each community. Volunteers are at the center of YMCAs—from reading to preschoolers and leading family activities to teaching swimming. They also serve on policymaking boards that set the strategic direction for their YMCA and partner with professional staff to ensure that community needs are met effectively.

International Reach

Since its founding in 1844 in London, the **YMCA has grown into one of the largest volunteer organizations in the world**, serving more than 45 million people in 124 countries. YMCAs across the United States play a leadership role in strengthening the global movement through international YMCA-to-YMCA partnerships, fundraising and grant procurement. Because of its size, strength and commitment to the global family, the U.S. YMCA movement is changing lives in communities around the world.



Collaborations

Each year, YMCAs partner with thousands of local organizations to develop and implement effective, collaborative programs and community-based solutions. In fact, the nation's **YMCAs collectively represent one of the largest collaborative organizations in the country.**

COLLABORATED WITH	# OF YMCAs
Schools	
Charter Schools	498
Colleges	1,014
Community Colleges	800
Elementary Schools	1,815
High Schools	1,460
Home School Programs	925
Middle Schools	1,444
Churches	1,553
Community Health and Well-being Coalitions	822
Government Agencies	
County	1,000
Federal	430
Local	1,265
State	781
Hospitals	1,148
Human Service Agencies	502
Juvenile Courts	515
Libraries	463
Low-Income Public Housing	409
Museums	179
Neighborhood Associations	507
Parks and Recreation	1,245
Rehabilitation/Medical Centers	435
Theaters	134
Youth Agencies	661



YMCA

We build strong kids,
strong families, strong communities.